

career confessa



WORKSHEET
SETTING
A CAREER
VISION

Defining What You Want

Look at the last 3 roles and/or large-scale projects you've worked on and capture everything you did and owned in those roles and projects.

ROLE OR PROJECT #1

ROLE OR PROJECT #2

ROLE OR PROJECT #3

Go back through each role or project and highlight what you **enjoyed most** about that work. Highlight only the things that truly **motivated** you, you enjoyed, those things that **lit you up**.

What skills or experience do you want to gain in the next 12-18 months?

Take a few minutes to dream about your future – If you could wave a magic wand, what would your life look like in 5 years? What kind of work would you be doing? Where would you be in your career? Who would you be working with? What would you be doing?

If money were no object, what would you want to do for work?



What kind of work would excite you the most? What type of challenges would you like to be solving?

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Understand your super powers and strengths to align your work -
What would you say your top 2 strengths are?

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What would others say your strengths are? Who are 2-3 peers and/or mentors you could ask?

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Discovering What Matters to **You**

Alignment in career is an agreement between your personal values and the type of work you do. Discovering what matters to you is a key part of career success and satisfaction.

Write down your top **personal** and **professional** values.

Think in words such as: family, financial success, innovation, creativity, community, teaching, growth, peace, art, etc.

A large, empty rectangular area intended for writing down personal and professional values.



Are there areas in your current career where you see strong alignment to your values? If so, where and how?

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Why do you do what you do? What is your why?
(note: you may have to come back to this question again and again to really look at what motivates you and what type of work you want to be doing)

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